



**Meadowlark  
Hearth Farm  
Educational  
Center**



**And**  
**MEADOWLARK HEARTH**  
**LIVING ENVIRONMENT FOUNDATION**

work together as 501c3 in 2023  
to learn about culture through vegetable seed.  
Seed growing is an Ancestral Skill.  
Truly, to farm is a cosmopolitan deed!  
AND this brings about FOOD!

**Due to ALL Cultures and ALL Ancestors  
WE CAN EAT! YAY!**



**2023 happenings @ Meadowlark Hearth Farm: Look at  
what you helped us do and look at what we hope for in **2024****

**THRESHING UNDER FOOT**  
through 13 SEASONS! Therefore we need an  
appropriate thresher NOW!



**Weather Happenings!**

June 23, 2023 : Storm coming and then the **tornado** stepped on our our oldest hoop house with lights and electricity! It was truly an awe inspiring moment to see this storm....we are so grateful that only our hoop house met the footstep of the tornado! This is the first tornado to go through our farm ever. The last time one which came near was in 2011.

**ABOVE:** Matt and Joe thresh Dragon Tongue Beans grown in 2023  
**BELOW:** hoped for new thresher for multiple type of seeds from Wintersteiger

## **DONATE HERE FOR the much needed SEED THRESHER**



Since 2010 when Meadowlark Hearth began growing seed in Nebraska, our feet have been our old fashioned threshing apparatuses for our dry seeded crops such as carrots, onions, lettuce, flowers, herbs and more. It is fun to do

when you have enough people to join in a threshing dance, however it is lonely and tiring to do with one or two people. Nathan Corymb

MH seedsman worked with a Pelz thresher when he trained as a seedsman in Switzerland. There is a comparable design of a lab thresher size from Wintersteiger in Utah now. We have an estimate for it at **\$25 grand**, with 5 important screens for varied crops. See the photo above of Matt and Joe above threshing seed.

**The Wintersteiger Thresher will bring a whole new possibility to MHLEF seed growing!**

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**ABOVE: MAY 2023: Local public school 1st grade visits for a second year seeing our newly**



**STORM: a twister and stepped on the hoop house.  
to help repair and update our  
greenhouse situation  
>>>>>>>>>**

## **DONATE HERE**



## **2023 Labor Day Annual Seed Festival @ MH**



Flora, one of the several young people who celebrated at the MH Seed Festival and came to learn about the seed process, is seen threshing lettuce seeds as her colleagues look on!

**painted 100 yr old barn!**

**Photo BELOW: A HUGE THANK YOU**  
to Glenn and Mary Anne who in 2023  
stimulated a matching grant to MHLEF  
which accomplished the funds for finishing  
the 100+ year old barn's exterior!



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**BELOW:**  
**Christian Community camp at**  
**MH farm, June 2023:**



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**Virginia Reel to thresh vegetable seed...only a few hours of friends together.**



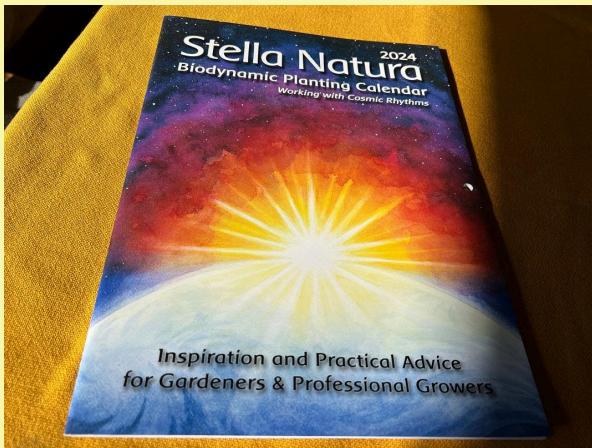
**Playing music for the seed dance: Yarrow Corymb and Cora Lee Khambatta.**

**Yarrow fulfilled MH seed orders in 2023, now returned to his nursing job in Denver. Cora Lee grew up on the farm, worked in the fields, helped herd cattle and trained and rode horses during her youth! Then she became a sterling music teacher and still teaches piano at 84 in DC!!! Long live nurses, farmers and teachers!**

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## 2024 PLANTING CALENDARS ARE IN CLICK HERE TO ORDER



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**NEW CLASSES AT THE FARM IN 2023:**  
Hiking, gardening, 4 classes on Nutrition  
taught by Trina Aguirre, Doctor of Nursing  
MHLEF board member,  
Annual Sept Seed Festival  
and in Oct  
the *first* class at MH farm for  
**Ancestral Skills**

**FIRE MAKING** demo and  
class by Collin



**STRINGING** an MH fresh  
cow hide harvest to a  
scaffold by Noah for  
scraping



Aw! Now the scaffold is up.  
Phillip and son look on as Noah  
begins scraping!



**Ancestral Skills: Why learn them?** Our seedsman for Meadowlark Hearth seed company, Nathan Corymb Clark watched natural settings being compromised since he was a child...lands which were verdant with crops and animals turned into parking lots for big box stores across from their family home in Indiana. Nathan now spends weekly encounters in the Wild Cat Hills and MHLEF riparian [Nature Preserve](#): through hikes and walks, learning western

Nathan Corymb Clark harvests  
carrot seed. The sea of carrot seed  
will really benefit greatly by a new  
Wintersteiger thresher!

To help MHLEF move forward  
with the seed work:

[DONATE HERE](#)



Matt and Joe selecting Green Glaze collard plants to store in the cool room overwinter with the hope of spring replanting in order to grow seed. We are grateful for Southern Exposure Seed Exchange's Ira Wallace and friends for their work on locating great collard seed varieties



Nebraska's rich abundance of natural and archeological settings. Learning how human beings worked with natural plant fibers, animal skins, and trees brings a new awareness of who we are as human beings. This in turn brings new life to our striving as we become more cosmopolitan in knowledge of seed, skills, environment, and cultural richness.. This brings tolerance and common sense as skills: much needed for now and into the future! We plan to have our second Ancestral Skills next summer: if you are interested or want to attend, help set up, offer a skill or donation, email:

[meadowlarkhearth@gmail.com](mailto:meadowlarkhearth@gmail.com) (not live, must type it)

**BELOW::** Phillip Palmer teaches class in notching wood and knife safety for camping and woodcraft.



**BELOW:** Wow! Rhonda Freeman drove 7 hours all the way from Omaha, taking a break from her school administration job to attend MH Ancestral Skills workshop in Oct. Here Rhonda is thrilled to show off her demo of notching she learned in Phillip's class above!



**BLACKSMITHING** demo by David Brown, making small metal items like iron hooks and flint and steel strikers.



Nathan with a Yucca Root! How amazing are ROOTS!



**FLINT KNAPPING** taught by Damian Kirkwood, Archeologist with the Wyoming Cultural Center:



**BELOW::**Rick Laurent teaches how to make cordage from natural fibers such as Yucca!



**TO SUPPORT MH CLASSES  
AND ANCESTRAL SKILLS  
PLEASE DONATE HERE**

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**Meadowlark Hearth Open Pollinated Seed**

2024



VICTORIA LETTUCE, one of  
the many delicious lettuces!

[TAKE A LOOK!](#)



KING OF THE NORTH SWEET  
PEPPER, great in north or  
south!

[CHECK OUT THE PEPPERS!](#)



FILDERKRAUT AND  
DOTTENFEDLER CABBAES  
from our seed in zone 4!

[SEE THEM!](#)



Land Race Squash called Leyba because it is from Joseph Leyba who selected and maintained it for many years and shared with friends. **VERY DELCIOUS!!!**

Coming soon to Meadowlark Hearth as a seed offering!

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We give thanks to all the tribes of the Americas who brought forth, maintained and selected squashes, corns, tomatoes, and beans for food loved by ALL!

Their gifts from Creation enrich all the earth!

We give thanks to all the WORLD'S peoples with their abundance in their culture who made their homes in the US, some willingly and some not, nevertheless, bringing their rich heritage with them in thought, word and seed!



**Above: a sky phenomenon after a storm here with a dovelike cloud formation!**

**Thank You Cosmos for teaching us about Others *and*  
*also their need.***

**MHLEF strives to provide food for people who need it  
and to teach people how to grow it!**

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**3 days prior to the Tornado hitting one of our Hoop houses:**

**NEBRASKA PUBLIC MEDIA  
made a video of Meadowlark Hearth Farm,  
click here to SEE!**